



# Parkinson EDGE Task Force Recommendations: Research

# Research Recommendations:

## Body Structure and Function

BESTest

Fatigue Severity Scale

MDS-UPDRS revision

Mini Mental Status Exam (MMSE)

Mini BESTest

Montreal Cognitive Assessment  
(MoCA)

Parkinson's Fatigue Scale

Purdue Peg Board test

Push-release test

Sit to stand 5 times

# Research Recommendations:

## Activity

2 minute walk test

6 Minute walk test

Activities Specific Balance

Confidence Scale (ABC)

Berg Balance Scale

BESTest

Dynamic Gait Index

Four square step test

Freezing of Gait Questionnaire

Functional Gait Assessment

Functional reach test

Gait Speed (10 meter walk test)

MDS-UPDRS revision

Mini BESTest

Modified Gait Efficacy Scale

Physical Performance Test

(PPT)

Self-Efficacy Exercise Scale

Timed up and go (TUG)

Timed up and go cognitive and manual

Continuous Scale Physical

Functional Parkinson's Fatigue Scale

Performance Test (CS-PFP)

Sit to stand 5 times Timed Up and Go

# Research Recommendations:

## Participation

MDS-UPDRS revision

PDQ-39

PDQ-8 (short version)

SF-36

World Health Organization Quality of Life-BREF (WHOQOL-BREF)