

# SCI EDGE outcome measures for entry-level education

The SCI EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for individuals with SCI. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that entry-level students should be made aware of and measures they should learn to administer. Complete materials are available at: <https://www.neuropt.org/practice-resources/neurology-section-outcome-measures-recommendations/spinal-cord-injury>

## Recommendations for patients with spinal cord injury:

Students should learn to use:

6 minute walk  
10 meter walk  
ASIA Impairment Scale  
Berg Balance Test  
Functional Independence Measure  
Handheld Myometry  
Manual Muscle Test  
Numeric Pain Rating Scale  
Timed Up and Go

Students should be exposed to:

Modified Ashworth Scale	Reintegration to Normal
Capabilities of Upper	Living Index
Extremity Functioning	Satisfaction with Life Scale
Instrument	Medical Council Short Form-
Craig Handicap Reporting and	36
Assessment Technique	Sickness Impact Profile
Dynamic Gait Index	Spinal Cord Injury
Functional Gait Index	Independence Measure
Multidimensional Pain	Walking Index for Spinal Cord
Inventory, SCI version	Injury II
Penn Spasm Frequency Scale	World Health Organization
	Quality of Life- BREF

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