

SCI EDGE outcome measures for sub acute (3–6mo) SCI

The SCI EDGE task force reviewed 63 outcome measures covering the range of body structure and function, activities and participation evaluating each for psychometrics and clinical utility for patients with SCI. Through literature review, analysis, and a modified Delphi procedure, recommendations were formulated for outcome measures that are highly recommended for use in individuals with sub acute SCI. Additional measures are recommended, but not as strongly. Other measures may be reasonable to use but have less psychometric data in the SCI population. You can view the complete list of measures reviewed and supporting material at <https://www.neuropt.org/practice-resources/neurology-section-outcome-measures-recommendations/spinal-cord-injury>

Recommendations for patients with spinal cord injury:

Highly recommended measures:

6 minute walk
10 meter walk
ASIA Impairment Scale
Handheld Myometry
Timed Up and Go

Recommended measures:

Berg Balance Scale	Sickness Impact Profile 68
Functional Independence Measure	Spinal Cord Injury Functional Ambulation Inventory
Manual Muscle Test	Spinal Cord Independence Measure III
Needs Assessment Checklist	Walking Index for Spinal Cord Injury II
Numeric Pain Rating Scale	

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