

January 25th, 2021



# STROKE SPECIAL INTEREST GROUP

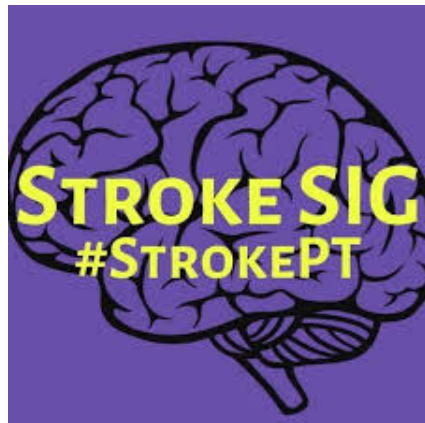
Academy of Neurologic Physical Therapy

## In this newsletter...

- Register today for the Stroke SIG Business meeting at CSM!
- Student Corner: Post-Stroke Examination
- Register for the ANPT Networking Mixer
- CSM social media and prize sneak peek!
- Engage with 100-year Centennial Events
- Run or Nominate someone for SIG Office!

PODCAST LINK

**REGISTER TODAY for the Stroke SIG Business Meeting at CSM**



- Interested in learning what the Stroke SIG is planning for 2021?
- Need an opportunity to dig into the evidence on stroke rehab and share it with your fellow clinicians?
- Want to serve your fellow ANPT members and/or PT students?
- Interested in learning more about running for SIG office
- Want to win MORE prizes (books, clinical tools, pulse oximeter?!)

*Must be present to win!*

Join the Stroke SIG at our business meeting at CSM on **Thursday, February 4th at 7:00PM EST.**

Click on the button below to register or click here:

<https://zoom.us/meeting/register/tJMpdOQtqilpH9dt4fq0Jtjn2AXOKWokLJm1>

## New Student Corner: Post-Stroke Examination



*Did you know the Stroke SIG has a special initiative to connect physical therapy students interested in stroke rehab with clinical experts??*

The objectives of this group are the following:

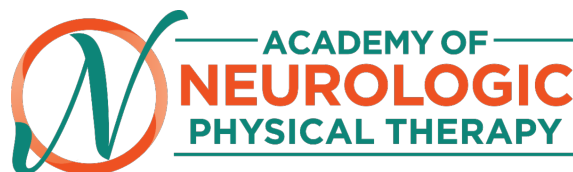
- Provide resources and materials about rehabilitation management of individuals post-stroke for student learners.
- Provide a platform for student learners to develop clinical skills related to rehabilitation management of individuals post-stroke.
- Provide a platform for student learners to ask questions and seek feedback about rehabilitation management of individuals post-stroke.

Click on the link below to access the [Student Corner](#) questions submission form and previous student discussions.

A new Student Corner discussion is now posted on examination post-stroke, building off of the previous Student Corner discussion Episode 1 on gait impairments.

STUDENT CORNER

## ANPT Networking Mixer



Join ANPT mentors and leadership for an engaging 1 hour mixer! This will be a very interactive and personal evening to learn and win some great prizes! You can expect to network with like minded professionals, gain knowledge regarding resources that are available to you, learn how you can get involved, ask questions regarding what's important to you and have an overview provided in the following areas.

- Residency
- NCS Resources
- Student Involvement

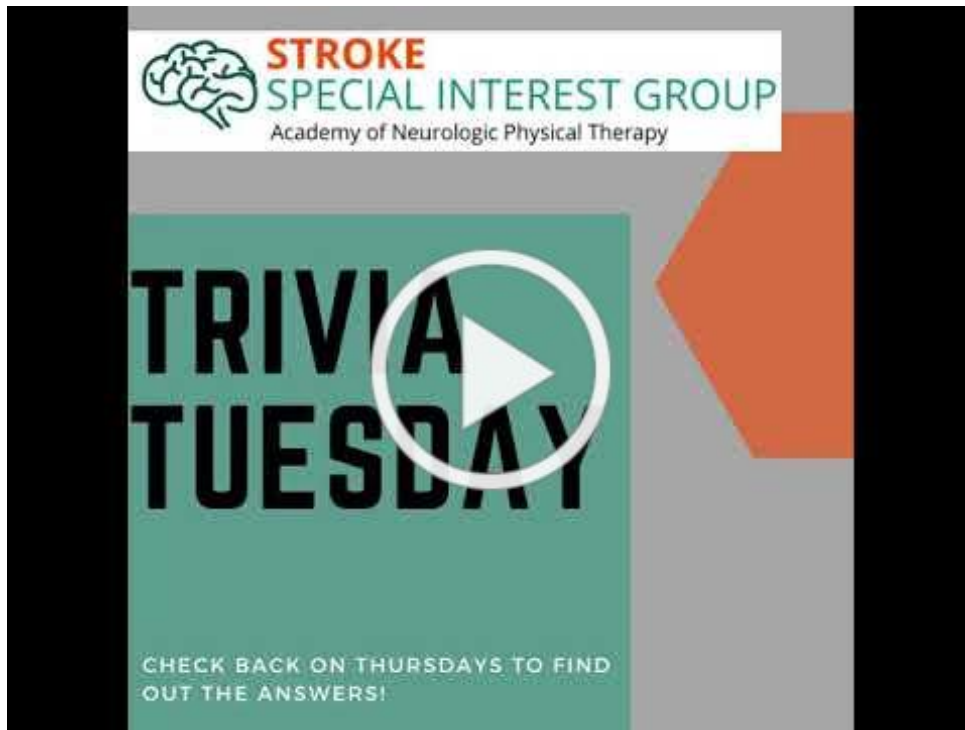
- Special Interest Groups
- Research
- Leadership/Volunteering for ANPT

February 11 at 7:00PM Central Time

Register today for the [ANPT Networking Mixer](#) by clicking the button below:

ANPT Mixer

## Engage with the Stroke SIG and win prizes!



Now is the time to follow the Stroke SIG on our social media to get ready to engage with us throughout the month of February for **Trivia Tuesday, Wacky Wednesday, and Follow Friday!**

We will be sending ANPT swag to winners of our Trivia Tuesdays and giving out amazing prizes to help you elevate your clinical game for those who engage with us on Follow Fridays through our social media platforms. The photos below are a sneak peek of some of the awesome prizes you can win to bring into your clinical practice.

*Click the social media icons at the bottom of this newsletter to follow us on all our platforms!*



# CSM 2021 Neuro Programming



CSM registration is open! Click the link [here](#) to register and [click here to access the ANPT Summary Page for all Neuro Content.](#)

Neuro programming will all occur each Tuesday night in February from 7:00-10:00 pm ET.

On Thursday nights the SIGs will hold meetings and the Neuro Networking Mixer will be on February 11th.

See below for a handy Neuro-specific CSM event guide (times are in ET) or click [here](#) to download your own version.

## TUESDAY 2/2

**7-8:30 PM** Having Difficulty Removing the Kid Gloves? Implementing High-Intensity Training in Neurologic and Geriatric Rehabilitation

**8:30-10 PM** Did Major Research in the Last Decade Change Practice? Locomotor Training, Gadgets, Intensity, or Everything Works!

90 MIN LIVE SESSIONS

30 MIN LIVE Q&A/  
ON-DEMAND SESSIONS

## TUESDAY 2/9

**7:00 PM** Moving Beyond the Motor System: Other Factors Influencing Neurorehabilitation After Stroke

**7:30 PM** Reevaluating Clinical Success: Differentiating Capacity Versus Performance

**8:00 PM** Getting Published in JNPT: A Chat With the Editorial Board

**8:30-10 PM** COVID-19 Recovery Across the Continuum

## TUESDAY 2/16

**7-8:30 PM** Anne Shumway-Cook Lectureship — Physiology, Genes, and Lifestyle: Decade of Disruption in Rehabilitation After SCI (2021-2031)

**7:00 PM** Chronic Pain and Chronic Dizziness: Parallels in Pathophysiology and Intervention

**7:30 PM** Fear-Avoidance Behaviors in Concussion Management: Using the Pain Science Framework to Improve Outcomes

**8:30 PM** Patient-Specific Strategies to Augment Mobility Poststroke and SCI: Evidence for the Movement System?

**9:00 PM** Gait Training After Neuromotor Injury: Therapies and Technologies That Restore Versus Substitute Impaired Locomotion

**9:30 PM** Virtual Reality Applications for Balance Examination and Intervention: From Theory to Practice

**9:30 PM** Building Capacity for Knowledge Translation in Rehabilitation

## TUESDAY 2/23

**7:00 PM** HIT-ting the Mark: Exercise Prescription and High-Intensity Training for Persons With MS

**7:00 PM** Expanding Dual-Task Training in Parkinson's Disease: The Intersection of Treatment and Technology

**7:30 PM** Promoting High-Quality Evidence-Based Practice in Rare Neurodegenerative Diseases: Huntington's Disease as a Model

**8:30-10 PM** Global Neurological Physical Therapy: Be a Part of the Community

## ON-DEMAND SESSIONS

The Next Step Forward in Balance Assessment and Training

Neuroplasticity in Dystonia: Practical Applications to Improve Musician's Dystonia, Cervical Dystonia, and Dystonia in Parkinsonism

Vestibular Function, Visuospatial Ability, and Cognition in Aging: Where Are We?

Clinical Practice Guideline for Physical Therapist Management of Parkinson's Disease: Development and Drafted Recommendations

Perceiving Is Believing: Understanding Verticality Perception, Navigation, and Motion Perception in Healthy and Impaired Populations

More Than Apraxia: Role of Motor Planning in Skilled Movement After Stroke

## APTA Centennial Events



If you missed some of the APTA Centennial events for both the ANPT and the APTA at large, here's a round-up.

**Synapse through Time: ANPT Founders Day Webinar**



- The Academy of Neurologic Physical Therapy (ANPT) hosted a Founder's Day webinar, Synapse thru Time, on Thursday, January 14, 2021. Four world-renowned experts: Dr. Pamela Duncan, Dr. Fay Horak, Dr. Donald Neumann, and Dr. Ann Van Sant presented their views on the Past, Present and Future of physical therapy. To view the recording and learn more about the panelists, click here:

<https://neuropt.org/about-us/ANPT-history/founders>

#### **APTA Centennial Mosaic**

- Add your name and photo to the APTA 100 years Centennial Mosaic.

[https://virtualmosaic.com/apta100/WEB4411610759135\\_649307](https://virtualmosaic.com/apta100/WEB4411610759135_649307)

#### **APTA Founders Day Celebration**

- On January 15, 2021 the APTA kicked off the celebration of our centennial year with a very special livestreamed 100th birthday party on APTA's social media channels, which included special notable guests and shout outs from several APTA chapters and components. Click below to watch the recorded celebration

<https://centennial.apta.org/home/celebrate/>

## **RUN FOR SIG OFFICE**

### **The Link to Nominate Yourself or A Colleague for ANPT Office is Live!**

<https://neuropt.org/members/nomination>

*You must be logged into your ANPT Account to access the form.*

Positions open for the Stroke SIG board this year include:

1. SIG Nominating Committee- 3-year term
2. SIG Secretary - 3 year term

***Nominations are due March 29th, 2021***

Position Descriptions are available at the link above and copied below:

#### Secretary (3-year Term)

##### OFFICER DUTIES AND RESPONSIBILITIES

- i. Maintains a record of all official actions and decisions of the SIG.
- ii. Records the minutes of all SIG meetings and conference calls.
- iii. Submits minutes of SIG meetings (CSM, conference calls) to the SIG officers.
- iv. Attends the SIG officers meeting with the Academy Vice President at CSM.
- v. Assists the Chair in preparing and submitting an annual plan for the SIG to the Board of Directors.
- vi. Ensures currency of SIG website links and content every 6 months at minimum.
- vii. Provides for orientation of a successor

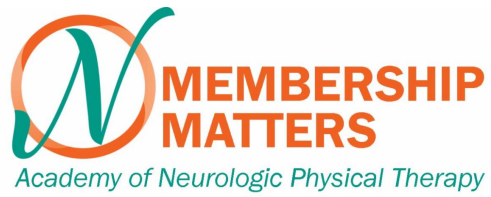
#### Nominating Committee Member (3-year term, 2 years as committee member and 1 year as committee chair)

##### DUTIES AND RESPONSIBILITIES

1. Prepares annually a slate of two (2) or more candidates for each open SIG office.
2. Coordinates with the Executive Director and Academy Nominating Committee liaison to build ballot and to conduct elections.
3. Chair attends the SIG officers meeting with the Academy Vice President at CSM.

**NOMINATE YOURSELF OR SOMEONE ELSE TODAY**

**VISIT THE STROKE SIG ONLINE!**



**Academy of Neurologic Physical Therapy**  
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**ANPT Social Media**

