May 23, 2022

STROKE SPECIAL INTEREST GROUP

Academy of Neurologic Physical Therapy

In this newsletter...

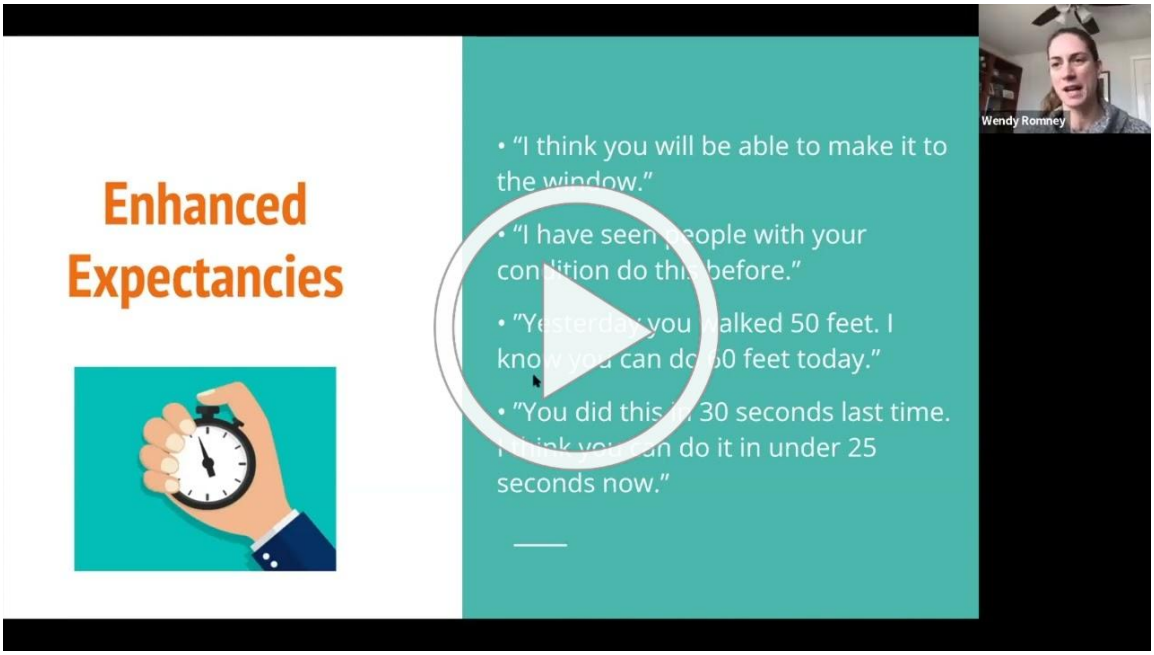
- Student Corner Video Series: OPTIMAL Theory of Motor Learning #1
- Nominate someone for an ANPT Award (including SIG awards)
- Stroke SIG NPTE/NCS Test Prep Questions: **Question 1 review and video rationale now posted!**

Student Corner Video Series: OPTIMAL Theory Of Motor Learning Discussions

In a two-part video series, Dr. Wendy Romney and DPT student Mary Claire Hemmer discuss the OPTIMAL theory of motor learning (OPTIMAL: **O**ptimizing **P**erformance **T**hrough **I**ntrinsic **M**otivation and **A**ttention for **L**earning).

In **video 1**, Dr. Romney and Mary Claire discuss the background evidence for the OPTIMAL theory and the components of Autonomy, Enhanced Expectancy, and External Focus, including examples for therapists of how to change your cueing from internal to external.

Thank you to Dr. Romney and Mary Claire for this excellent clinical resource!



Nominate Someone for an Academy of Neurologic PT Award!

Nomination Link

The Academy of Neurologic Physical Therapy Awards Committee is seeking individuals to be nominated for the 2023 ANPT Awards. This year there are ten individual awards all with nomination deadlines of August 1, 2022.

AWARD DESCRIPTIONS

SIG Awards

SIG Service Award
Purpose: To acknowledge a member of a particular SIG who goes above and beyond through volunteer contributions to the SIG and its efforts.

SIG Research Award
Purpose: To recognize a member of a particular SIG who has demonstrate exemplary contributions to the body of research representative of the population the SIG serves.

Academy Awards

Service to the Academy Award
Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy whose contributions to the Academy have been of exceptional value.

Excellence in Neurologic Research Award
Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who has demonstrated continuing excellence in research related to neurologic physical therapy science, theory, practice, or education.

Excellence in Neurologic Education Award
Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who is a gifted and creative educator. The awardee spends a majority of their time in an academic setting but continues to treat patients and develop strategies for intervention that directly affect patient care.

PT Clinical Excellence in Neurologic Physical Therapy Award
Purpose: To acknowledge and honor a physical therapist member of the Academy of Neurologic Physical Therapy whose major professional involvement and contributions are currently with the practice of neurologic physical therapy.

PTA Clinical Excellence in Neurologic Physical Therapy Award
Purpose: To acknowledge and honor a physical therapist assistant who is a member of the Academy of Neurologic Physical Therapy whose major professional involvement

and contributions are currently with the practice of neurologic physical therapy.

Outstanding Clinical Innovator in Neurologic Physical Therapy Award
Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who translated recent evidence or emerging practice/business strategies into a program, initiative, or service to benefit patients/clients with neurologic impairment. The awardee should be individuals who led or co-led the implementation of this innovation and participated in monitoring its outcomes to measure its impact as well as success on the greater physical therapy community.

Outstanding Advocacy in Neurologic Physical Therapy Award
Purpose: To acknowledge and honor a member of the Academy of Neurologic Physical Therapy who is an advocate for the neurologic physical therapy profession and/or neurologic populations.

Early Career Professional Award
Purpose: To support new professionals who are members of the APTA Academy of Neurologic Physical Therapy and show potential to make lasting contributions to the Academy of Neurologic Physical Therapy, by providing them financial assistance to attend CSM.

CSM Abstract: Early Career Scientist Award – After submitting your abstract through the CSM portal complete the form on the application page to be considered for this award.

Please take the time to nominate a deserving colleague! For more information and nomination forms **click here.**

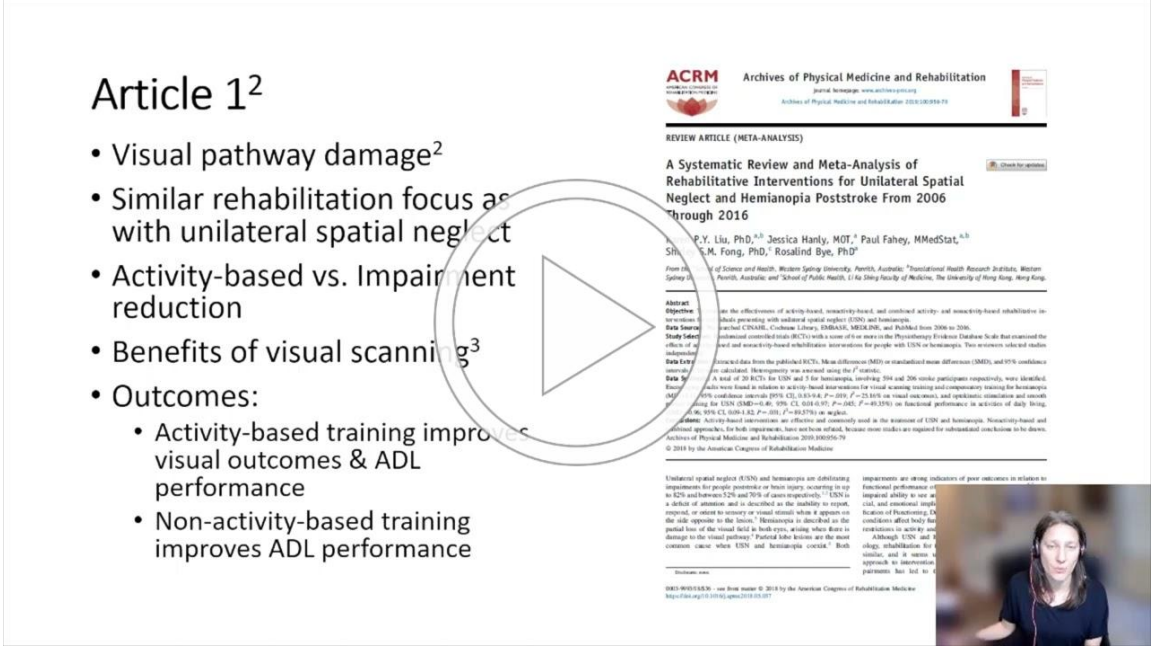
Prepping for the NPTE or NCS? Check out our Stroke Test Prep Questions - Answer #1 Video Now Posted!

STROKE SIG
STUDENT INFO
Academy of Neurologic Physical Therapy

The **Stroke SIG Student Corner** team is putting together a series of test questions to help future takers of the National Physical Therapy Examination (NPTE) and Neurologic Clinical Specialist exam.

Test your stroke knowledge by visiting the **Stroke Corner website** (questions are at the bottom). New questions are posted around the first of the month.

This month's answer review video is now posted! Dr. Michelle Sawtelle reviews the evidence-based rational behind the correct answer for the homonymous hemianopsia question.



VISIT THE STROKE SIG ONLINE!

MEMBERSHIP MATTERS
Academy of Neurologic Physical Therapy

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