

Vestibular Rehabilitation Special Interest Group

CSM 2024 Business Meeting January 29, 2024 8:00pm EST



1



1

Meeting Agenda

Committee Reports

Major Accomplishments

Review 2024 Goals

Raffle Items

Breakout Rooms

Main Room: Suggestions (Rachel Wellons)

1. Social Media (Sydney Duhe)
2. Abstract of the Week (Andrea Mierau)
3. Online Networking (Lisa Heusel-Gillig)
4. Fact Sheets (Dawn Fitzgerald)
5. Podcasts (Maureen Clancy)
6. Nominating Committee (James Lin)
7. Dizzy Pub Fair (Rebecca Manning)
8. New Members (Michaela Wiese)
9. Early Clinician (De'ja Crippen)
10. Telehealth (Sarah Gallagher)
11. Website (Michelle Gutierrez)
12. Topics in Vestibular Rehabilitation (Jasmine Edwards, Anne Galgon)
13. Advocacy/Reimbursement (Ryan Schrock/Jake McPherson)
14. Pediatrics (Margot Gray)
15. New Volunteers (Lynn Johnson)
16. Student Involvement (Malik Bailey, Ryan Jones, Alejandra Medina-Reyes)
17. VEDA Collaboration (Kathleen Stross)
18. ANPT Wellness (Lisa Brekke)

2





Vestibular SIG Elected Officers

Chair	Rachel Wellons
Vice Chair	Lisa Heusel-Gillig
Secretary	Holly Roberts
Nominating Committee Chair	James Lin
Nominating Committee	Dawn Fitzgerald
Nominating Committee	Holly Paczan



3

Vestibular SIG Leadership Team

Topics in Vestibular Rehabilitation Coordinators	Anne Galgon, Jasmine Edwards	Fact Sheets	Dawn Fitzgerald, Heidi Roth
Social Media Chair	Sydney Duhe	Podcasts	Maureen Clancy
Website	Michelle Gutierrez	Advocacy and Reimbursement	Ryan Schrock, Jake McPherson
Telehealth	Sarah Gallagher	Awards	Karen Skop
Online Education	Vacant	Early Career	Lynn Johnson, DeJa Crippen, Malik Bailey, Ryan Jones, Alejandra Medina-Reyes
Abstract of the Week	Andrea Mireau	Pediatric Liaison	Margot Gray
New Members	Michaela Wiese	VEDA Liaison	Kathleen Stross
ANPT Wellness Committee Liaison	Lisa Brekke	Dizzy Pub Fair	Rebecca Manning



4



Thank you Raffle Donors!

5



5



Membership is Growing!

Sign up! Make sure you are a member!

The Vestibular Disorders Association (VeDA) has partnered with ANPT and the Vestibular SIG to offer a one-year, FREE membership to new members of the Vestibular SIG.

VEDA

LIFE REBALANCED

**Total number of members as of
January 2024: 1,903**

January 2023: 1,796

January 2022: 1,649

January 2021: 1,578

January 2020: 1,556

January 2019: 1,309

January 2018: 1,126

**Thank you Membership Committee
Chair: Michaela Wiese**

6



ACADEMY OF
NEUROLOGIC
PHYSICAL THERAPY

1 Year VeDA Membership

VEDA

JOIN OUR TEAM
OF VESTIBULAR HEALTHCARE PROFESSIONALS



7

Learn more at vestibular.org/membership



7



Nominating Committee

Join our Team!

Open positions for 2024:

- *Vestibular SIG Secretary*
- *Nominating Committee Member*



James Chia-Cheng Lin, PT, MSPT, PhD
Nominating Committee
Chair



Holly Paczan, PT, MPT,
NCS

Interested Candidates:

Nominations due March 18th, 2024!

If you are interested in the position, please
contact the Nominating Chair for more details:

James Lin – linch14@ecu.edu



Dawn Fitzgerald, PT, DPT

8





Abstract of the Week (AOW) Committee

AOW Committee Provides:

- Weekly email to your inbox with:
 - Abstracts of latest research in vestibular rehabilitation based on a monthly topic
 - Monthly summary of topic
 - Latest news, updates about vestibular research and rehabilitation



Chair:
Andrea Mierau, PT, DPT, EdD



Always looking for new topics, email andrea.mierau@augie.edu with ideas!

9



9



Dizzy Pub Fare

Coordinator: Rebecca Manning

- Contact: rebecca.russ247@gmail.com
- Rebecca welcomes any and all suggestions from fellow SIG members on what they like about Dizzy Pub Fare and suggestions for continued improvement!

So what is Dizzy Pub Fare?!

- Comprehensive abstract review
- Monthly Top 10 list
- High impact rehabilitation literature
- Broad cross-section of disciplines from ENT, PT, Rehabilitation Medicine, and Neuroscience communities and scientific journals
- Goal to help clinicians stay current on the emerging evidence within the clinical and scientific research realms

10



10





Fact Sheets Committee

Projects for the Past Year:

- 31 Patient Fact Sheets and 33 Provider Fact Sheets that are updated as research and guidelines change how we practice
- New Patient Fact Sheets include: Benign Paroxysmal Vertigo of Childhood
- New Provider Fact Sheets include: Autonomic Nervous System Dysregulation (2 parts- Overview and PT Management)
- Please let us know any other suggestions

Chairs:
Dawn Fitzgerald



Chairs: Heidi Roth

Member: Sara
MacDowell



Thank You Dawn, Heidi, and Sara!

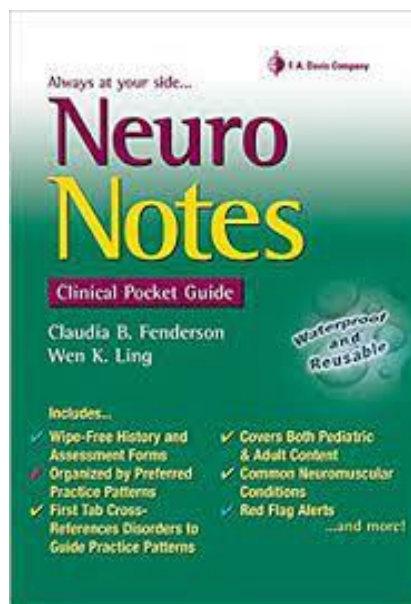
11



11

NeuroNotes

Donated by FA Davis



12





WEBSITE

Check out our AWESOME website:

www.neuropt.org/go/special-interest-groups/vestibular-rehabilitation

STAY CURRENT

- Dizzy Pub Fare
- Abstract of the Week
- News and Newsletters
- Podcasts
- Fact Sheets (Updated)
- Provider Map

Thank You Michelle Gutierrez!

13



13



CSM Programming 2024

Thursday, February 15th

8-10: Recognizing and Rehabilitating Central Vestibular Dysfunction in People Living with Neurodegenerative Disease. Colin Grove, Lee Dibble, Brooke Klatt.

11-1: A call for Physical Therapy Action on Hearing Loss, Balance Problems, and Falls Risk. Jennifer Kelly and Anat Lubetzky.

11-1: How to Functionally Navigate the Concussion CPG using Multimodal Treatment for Individuals with Protracted Recovery. Lauren Ziaks, Jenna Tuckeer, Christopher Wong

3-5: Vestibular Disorders and Falls: Recognizing, Examining, and Intervening in Older Adults. Sue Whitney, Pam Dunlap, and Brooke Klatt.

Friday, February 16th

8-10: From Head to Toe: Can we Reduce Risk of Lower Extremity Injury following Sports-Related Concussion. Sarah Reinking, Andrew Teare-Ketter, Bobby Lee, Olivia Abdo

11-1: Scientific Rationale, Findings, and Newest in Management of Special Cases of Benign Paroxysmal Positional Vertigo. Sue Whitney, Barry Seemungal, Regan Harrell

3-5: Brain Tumor Rehab Made Ridiculously Simple. Morris Beato, Elizabeth DeMarse, Gwen Whitehouse

14



ACADEMY OF
NEUROLOGIC
PHYSICAL THERAPY



CSM Programming 2024, cont

Saturday, February 17th

8-10: Spinning out of Control: A Deep Dive into Chronic Dizziness and Dysautonomia. Janene Holmberg, Clayton Powers, Nicole Miranda

11-1: Spin Doctors – Best Practice Dizziness Care in the Emergency Department. Rebekah Griffith, Helena Esmonde, Kaitlyn Johnstone



15

Vertigo-Go Meeting



VESTIBULAR REHABILITATION
SPECIAL INTEREST GROUP

WHEN
Thursday, February 15
6pm - 9pm

WHERE
Trillium Brewing Company Fort
Point– Bar area
50 Thomson Place Boston, Ma 02210
857-449-0083
<https://trilliumbrewing.com/pages/fort-point>



**FOOD AVAILABLE
IN BAR AREA OR
PUT NAME IN
FOR TABLE**
Individuals responsi-
ble for food and drink

16



ANPT Business Meeting & Myelin Melter

6:30 pm on Friday, February 16th, Omni Ensemble E,F,G

ANPT Business Meeting

Presentation of Awards

Networking with Vestibular SIG Members and Leadership Team



17



17



CSM Programming 2025

Session Proposal Submission Deadline:

March, 2024 at 11:59pm PST

Poster/Platform Abstract Submission Deadline:

July, 2024 at 11:59pm PST

February 13-15, 2025

Houston, TX

18



18





Editor-in-Chief
Joseph M. Furman, MD, PhD
University of Pittsburgh
jvr@pitt.edu

2022: Volume 33, 6 issues

Impact Factor 2.3*
*Journal Citation Reports
(Web of Science Group, 2023)

JOURNAL OF VESTIBULAR RESEARCH

The Official Journal of the Bárány Society

Publisher of the
International Classification of Vestibular Disorders (ICVD) Consensus Documents

1 year
subscription



Journal benefits

- Distinguished Editorial Board
- Rapid manuscript processing
- Rapid online publication
- Journal YouTube channel

Get involved

- Participate via the channels listed below
- Forum for the vestibular research community
- Submit your research online via:
<http://tiny.cc/JVRsubmit>

Register for updates!

- tiny.cc/JVRsignup

Online Access to:

ICVD Consensus Documents – <http://tiny.cc/JVR-ICVD>

Latest Journal Issue – <http://tiny.cc/JVRcontent>

YouTube Channel – <http://tiny.cc/JVR-youtube>

19

jvr-web.org | iospress.com/journal-of-vestibular-research



19



Podcasts

- **Committee members:**
 - Maureen Clancy, Nikki DiSalvio, Ethan Hood, Puja Agarwal, Puneet Dhaliwal
- **Great Year for Podcasts!**
 - Recorded 3 new podcasts in 2023
 - Had a total of over 14,000 listens of our 70 podcasts in 2023:
 - **Adding new members in 2024 to expand our podcasts !!!!!**
- **Listened to in 78 countries as far away as Nepal, Zimbabwe and New Zealand!**

Thank you, Podcast Team

20



20





Podcasts

**Do you have any subject ideas for new
vestibular SIG podcasts?**

21



21



Social Media/Communications

Want to help? Contact Sydney Duhe:
Sydney.duhe@fmolhs.org

Volunteers: Kim Dao, Emma Probus, Joshua Breighner, Cathy
Cheng, Stacey Pritle, Caitlyn Burmester

- ⑩ Twitter: 3,703 followers
- ⑩ Facebook: 3.2k followers
- ⑩ Instagram: 2,156 followers

Join the conversation!!!!

22



22





Exercise Kits for:

- Vestibular Dysfunction
- Long COVID
- Concussion
- Fall Prevention



Online Networking



- Facilitator-Lisa Heusel-Gillig
- Last Wednesday of every other month at 8:00 PM EST
- Opportunities to present complex cases or request suggestions on treatments, dosages
- Learn from vestibular therapists who see a wide variety of diagnoses
- Collaborate with other therapists across the country in various clinical settings including inpatient rehab, acute care, emergency departments, outpatient clinics
- Allows vestibular educators, clinicians, and researchers to collaborate
- Suggest topics you would like to be highlighted throughout the year



Telehealth Taskforce



Contact: Sarah Gallagher PT, DPT, NCS sarah@southvalleypt.com

-Serve as liaison to Vestibular SIG members regarding telehealth legislation, continuing education and other updates



25

25

Remote Therapeutic Monitoring (RTM) made Simple with BlueJay

1 year subscription to BlueJay Engage that supports Remote Therapeutic Monitoring

4 EASY RTM STEPS



Prescribe
Select home exercise programs, educational materials, and surveys



Engage
Interact with patients through telehealth/secure messaging



Monitor
Review patient records and complete necessary documentation



Bill
Send insurance billing documentation and collect payments



www.bluejayhealth.com



26





Entry Level VR Education Recommendations

Task Force Members:

- Anne Galgon, Chuck Plishka, Lisa Heusel-Gillig, Andrew Littman, Diane Wisley, Holly Roberts.

A Survey of Entry-Level Physical Therapy Education Content for Vestibular Rehabilitation. *J Phys Ther Education*. 2022;36(1): 65-75.



Submission of clinician expectations survey of new graduates' ability to treat patients with vestibular disorders results expected by Feb. 2024

27



27

ANPT Annual Conference



Columbus, Ohio: **September 19-21, 2024**

Education session & poster abstract submission open on February 19, 2024 (likely close the end of March)

- Great opportunity to submit for education session

28



Payment/Advocacy Committee

• **PODCAST NOW AVAILABLE:** Advocacy for Vestibular Rehabilitation Podcast

- <https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/podcasts>

Please reach out to Ryan and Jake with any issues or suggested priorities!



Co-Chair:
Jake McPherson



Co-Chair:
Ryan Schrock

29



29



Airex Pad from Perform Better!



30



30





Online Education

Four courses available in ANPT Synapse Learning Center

- Evidence Into Practice: The Updated CPG for Vestibular Rehabilitation for Peripheral Vestibular Hypofunction
 - Developers: Amy Yorke, Holly Roberts, Elizabeth Dannenbaum, Erin Greeler, Lisa Heusel-Gillig
- Differential Diagnosis and Management of Vestibular Migraine vs. Meniere's Disease
 - Developers: April Hodge, Rachel Wellons, Lexi Miles
- Introduction to Vestibular Anatomy and Physiology
 - Developers: Sara Oxborough, Jennifer Nash
- Intro to Peripheral vs. Central Pathology Vestibular Rehabilitation
 - Developers: Sara Oxborough, Jennifer Nash

Looking for a volunteer who is interested in chairing Online Education efforts

One in development:

- **Interventions in Vestibular Rehabilitation**
- Interested in participation contact Rachel Wellons

31



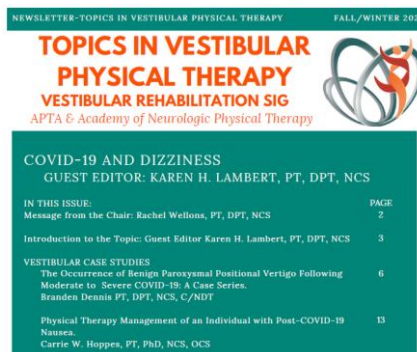
31



Topics in Vestibular Physical Therapy

Released 2 Newsletters in the July and January

- *Messages from Chair & Various Contributors*
- *July Edition 2023*
 - *Topic: Vestibular dysfunction & Peripheral Neuropathies*
 - *Guest Editor: Linda D'Silva PT PhD*
- *January Edition 2024*
 - *Topic: Pediatric Vestibular Therapy*
 - *Guest Editor: Margot Grey PT DPT*
 - *CSM 2023 preview*



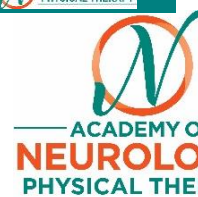
Thank you all contributors and editors: Anne Galgon, Jasmine Edwards, Colin Grove, Sonyia Patel, Victoria Gaugis!

Check out our updated webpage: <https://www.neuropt.org/special-interest-groups/vestibular-rehabilitation/newsletters>

32



32



Topics in Vestibular Physical Therapy Best Article of the Year Award:

Vestibular Physical Therapy Management of Patients with Idiopathic Peripheral Neuropathy and Chemotherapy Induced Peripheral Neuropathy: A Case Series

- Iwona Kedzierska PT, DPT*
- Laura Cialino, PT, DPT*
- Erin Garcia, PT, DPT*

*Board Certified Clinical Specialists in Neurologic
Physical Therapy

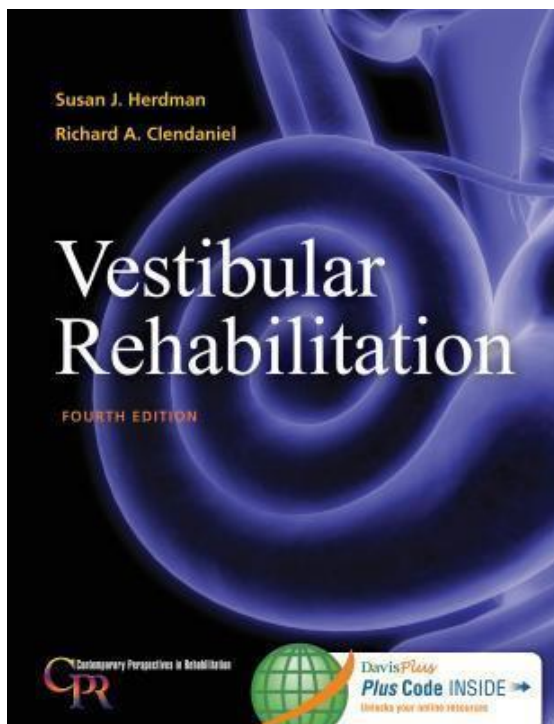


TOPICS IN VESTIBULAR PHYSICAL THERAPY

VESTIBULAR REHABILITATION SIG
APTA & Academy of Neurologic Physical Therapy



33



Textbook: Vestibular Rehabilitation Fourth Edition

Donated by: Susan Herdman

34





2023 Accomplishments

	Accomplished
Increase membership	✓ Done and on-going Membership Drive Membership engagement on Social Media
Develop diverse variety of education opportunities to advance practice	✓ Done and on-going. Podcast, Dizzy, pub fair, online education, Abstract of the Week, CSM programing, ANPT Annual Conference Programming, Facebook Live events, etc
Updating/modifying resources	✓ Done and on-going Fact sheets Provider Map Topics in Vestibular Rehabilitation
Research Collaboration	✓ Ongoing database posted on our website
Create More Opportunities for Members to Interact	✓ Started bi-monthly online networking



35



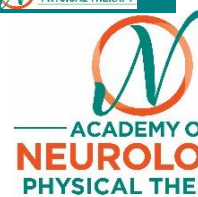
2024 Objectives

We plan to:

- Continue popular educational offerings
- Update resources for new ANPT website and to reflect changes in practice
- Advocate for continued use and reimbursement of Telehealth
- Improve outreach and involvement in Diversity, Equity, and Inclusion (DEI)
- Work with ANPT and VeDA to advance advocacy for Vestibular Rehabilitation
- Plan for 3rd International Conference for Vestibular Rehabilitation



36



 <p>Insight Infrared Video Goggles PRO+</p> <p>Visit us at Booth #3024 at CSM</p> 	<p>Vestibular SIG Business Meeting</p> <p>GIVEAWAY</p>  <p>NEW Membranous Labyrinth Model</p> 	<p>Free Monthly Journal Club Zuma Maneuver BPPV Treatment</p> <p>Thursday, February 22 7 PM Eastern</p> <p>HOSTED BY:</p>  <p>Dr. Helena Esmonde PT, DPT, NCS</p> <p>SPECIAL GUEST:</p>  <p>Dr. Francisco Carlos Zuma e Mía, MD, PhD</p> <p>Register: v1st.co/Zuma</p>
--	---	--

37

Outgoing Officer Award

Nominating Committee

James Chia-Cheng Lin, PhD, PT



38



Vestibular SIG Service Award

April Hodge, PT, DPT, NCS

- Vestibular SIG Social Media Chair from 2009-2023
- Authored many fact sheets
- Co-Developer of Online Course "More than Meets the Ears: Vestibular Migraine vs. Meniere's Disease"
- Public Relations Committee of 1st ICVR



39

Vestibular SIG Research Award

Linda D'Silva, PT, PhD

- PT since 1988
- PhD in 2016 from University of Kansas
- Assistant Professor at the University of Kansas since 2016
- 20 Peer reviewed publications in the area of Vestibular Rehabilitation, Neurologic Rehabilitation, Balance and Falls, and/or Diabetes
- Multiple Professional Presentations

\$435K Current NIH Funding as co-Primary Investigator for "Vestibular and neck muscle contributions to head control in response to induced head perturbations and falls in balance-impaired older adults"



40



Thank You !

www.neuropt.org/go/special-interest-groups/vestibular-rehabilitation

To contact the Vestibular SIG:
rtromm@lsuhsc.edu

41



41

VisualEyes™ 505

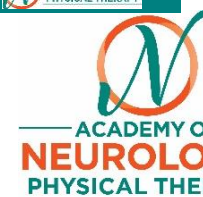
Video Frenzel
made clinical

- Objective slow phase velocity data with spontaneous nystagmus detection algorithm
- Video Frenzel system for superior observation and recording of eye movements
- Diagnosis & Treatment of BPPV

Science made smarter

APTA-CSM 2024 Vestibular SIG Raffle:
Visual Eyes™ 505 binocular goggle with remote product training

42



Breakout Rooms

Main Meeting Room: Suggestions (Rachel Wellons)

1. Social Media (Sydney Duhe)
2. Abstract of the Week (Andrea Mierau)
3. Online Networking (Lisa Heusel-Gillig)
4. Fact Sheets (Dawn Fitzgerald)
5. Podcasts (Maureen Clancy)
6. Nominating Committee (James Lin)
7. Dizzy Pub Fair (Rebecca Manning)
8. New Members (Michaela Wiese)
10. Early Clinician (DeJ'a Crippen, Lynn Johnson)
11. Telehealth (Sarah Gallagher)
12. Website (Michelle Gutierrez)
13. Topics in Vestibular Rehabilitation (Debbie Strukisma, Jasmine Edwards, Anne Galgon)
14. Advocacy/Reimbursement (Ryan Schrock/Jake McPherson)
15. Pediatrics (Margot Gray)
16. New Volunteers (Lynn Johnson)
17. Student Involvement (Malik Bailey, Ryan Jones, Alejandra Medina-Reyes)
18. VEDA Collaboration (Kathleen Stross)
19. ANPT Wellness (Lisa Brekke)